

# Identity, Value, Worth

**I'm wondering about** ... my identity, value and worth. This has been put together so you can understand what God thinks about your identity, value and worth. You'll also have a chance to dig into the Bible for yourself.

## Definition

*Identity:* This is who you are at the core. What you are made up of and it provides you with value and worth.

*Value:* is made up of the purpose of your identity. This is given to you by someone else (God).

*Worth:* is the value of your life, your importance, your meaning and significance in life.

## How Do I Know My Identity, Value and Worth?

This is a great question to start with. In the Bible it says that God created men and women in the image of God.

In Genesis 1:27 it says "So God created human beings in his own image. In the image of God he created them; male and female he created them." Because of this we know that every human has built-in value, worth and identity. We find our identity in the fact that we are created in God's image.

Also because we were created in the image of God we have value. Every person has value because they are God's. We also know that we have worth because God didn't only create us, but He wants to be in an intimate loving relationship with us. He desires us! We are *worth* His time.

## Truth and Lies

There are going to be events and people who will tell you that you are not valuable, try to change your identity, and say you lack worth. Events in your life will happen that you cannot control that will tell you that you are not valuable.

There will also be people and events that attempt to twist your identity, value and worth, by basing your value, worth and identity on your looks, being funny, popular, athletic, how daring you are, how many people you've hooked up with, etc. This is a LIE; these things will fade and are not your real identity. The truth is that God has created you with worth, value and an identity just as you are. If something or someone says anything otherwise they are lying. DO NOT BELIEVE THE LIES!

## How Does God View You?

In John 3:16 it says "For God loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal

life." God loves you so much that he did everything possible to have a relationship with you.

He sent Jesus Christ, his son, to die for you so you could have a relationship with him. God made this great sacrifice because He loves every single person. He did not do this because we earned it or because we knew him.

It says in Romans 5:8 "But God showed his great love for us by sending Christ to die for us while we were still sinners." God views us very highly; enough to have His son die for us.

If you are a Christian, you need to rest in the identity you have in Jesus. If you are not a Christian you can start a relationship with Jesus and become part of God's family. When you become a Christian you have a brand new identity in Jesus. You are now part of his family of believers.

## I'm struggling...and want help.

Wanting to change is the first step. Trusting God to help you is the second. If you attend a Bible-teaching, Bible-believing church, you may be able to talk with your youth pastor or pastor. Don't put off talking about this with someone.

## Going Deeper

Read Matthew 22:15-22 and reflect on whose image is on the coin and whose image is on people. Rehearse these truths over and over until they stick. This is a lifelong battle to remember that it is God that defines us.